

# *Cristina F. Keusch* M.D., P.A., F.A.C.S.

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## Dr. Keusch's Must Haves

### A. Award Winning System:

1. TNS Essential Serum or TNS Advanced +Serum
2. Lytera
3. HA5

### B. Lumivive System

1. Day Serum
2. Night Serum

### C. TNS Eye Cream/Instant Bright Eye Cream

## Plus

1. Retinol 0.5%
2. Sunscreen
3. Cleanser
4. Moisturizer

## How to Apply (in this order)

### Day

TNS

Lumivive Day

Lytera

Retinol

Eye Cream

HA 5

Moisturizer

Sunscreen

### Night

TNS

Lumivive Night

Lytera

Eye Cream

HA 5

Moisturizer



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**Facial Cleanser:** Removes environmental pollutants, excess oil and makeup, and hydrates and refreshes skin.

**TNS Recovery Complex:** Rejuvenates skin. Reduces appearances of fine lines and wrinkles. Enhances appearance of skin texture and tone. Contains growth factors.

**TNS Advanced + Serum:** Smooths visible course wrinkles and fine lines. Clinically proven to address sagging skin with growth factors, results in 2 weeks. Colorless and fragrance free.

**TNS Essential Serum:** All-in-one skin rejuvenating treatment improves the appearance of fine lines, wrinkles, skin tone and texture. Contains growth factors, antioxidants, and peptides.

**Retinol Complex 0.5:** Renews skin and diminishes the appearance of fine lines. Increases the effects of Lytera.

**Lytera 2.0:** Reduces the appearance of skin discoloration and dark spots creating a more even skin tone.

**HA5:** Instantly hydrates skin and smooths the appearance of fine lines and wrinkles. Improves the appearance of skin texture and roughness.

**Dermal Repair Cream:** Restores your skin's hydration and moisture balance. Antioxidant rich with Vitamin C & E, this moisturizer helps prevent moisture loss and improves skin smoothness.

**Ultra-Sheer Moisturizer:** Light weight moisturizer provides hydration and improves overall appearance of skin

**TNS Eye Repair:** Reduces the appearance of fine lines, wrinkles, and dark circles.

**Instant Bright Eye Cream:** Re-energizes and rejuvenates to help eyes look brighter and improve dark circles, sagging and puffy skin.

**Total Defense +Repair Sunscreen:** Revolutionary superscreen goes beyond UV protection to defend against harmful infrared rays while supporting the skin's ability to restore itself.

1. **Broad Spectrum SPF 34 Tinted**
2. **Broad Spectrum SPF 34**

**Essential Defense Mineral Shield Tinted:** SPF 32 Sunscreen with a touch of color and the highest level of UVA protection available, along with UVB coverage.

#### **Lumivie**

1. **Day:** Fights the impact of blue light and pollution. Fights signs of aging for optimal skin health and vitality
2. **Night:** Enhance skin's ability to repair itself overnight. Restores a glowing, youthful appearance.