



PATIENT

## Cindy Metzler,

Dr. Cristina Frexes Keusch, M.D.

Boca Raton Plastic Surgery Center

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FOR CINDY METZLER THE SCARS ON HER arms and legs were not just difficult to look at, they were also difficult to live with.

“I always covered up my arms and legs,” she said. “If I went to a formal event, I would opt to wear a fancy pants suit instead of a dress. I was very self-conscious.”

In Cindy’s case, the scars were the byproduct of biopsies and surgeries required to remove lesions – some serious – that developed on her skin.

To help reduce the redness and improve the texture of the scars, Cindy turned to a physician she knew would provide her with the highest quality of attention and care – Dr. Cristina Keusch.

“I wanted to go to someone who would give me the best advice,” Cindy said. “Being a woman, she has a certain level of sensitivity that I was looking for.”

To minimize the unsightly appearance of Cindy’s scars, Dr. Keusch turned to the latest laser technology, which was used in conjunction with minor surgery when needed.

“The laser helps improve the texture of the scar, making it smoother. The laser also improves the color of the scar,” Dr. Keusch said. “You often see a reduction of the redness after the first treatment.”

Laser treatments can begin as early as a month after the surgery and in most cases treatment is completed after six months.

In addition to improving appearance, the laser procedure can also help patients get relief from the itchiness and irritation often caused by the scar.

Sara Levene, a nurse practitioner in Dr. Keusch’s office, is highly skilled in medical aesthetics and is also a national instructor in laser



Cindy Metzler standing in the Hana Hydrotherapy Room at Maui Spa & Wellness Center

and intense pulsed light treatments. She recently began using the Elite MPX Laser, which offers the latest in laser technology.

In addition to helping with the removal of Cindy’s scars, the laser is also being used to treat her hyperpigmentation – a blotchiness and darkening of the skin – and for permanent hair removal. The laser can also be used to reduce the appearance of fine lines and wrinkles.

The treatments, Cindy says, helped restore her self-confidence.

“Now I’m wearing skirts, shorts and short-sleeved shirts again,” she said.

*“Dr. Keusch and her entire team treat you like family. You always receive a tremendous level of TLC.”*

**—CINDY METZLER,**  
marketing and  
communications consultant